

Keswick Swim

Happy 1st Day of School

All swimmers must have paperwork in to attend practice!!

- Practice begins tomorrow @ our home pool
 - YMCA Ridgecrest Largo
 - Bus will pull up on basketball court to load
- Bus leaves by 3:30 but will wait a bit this week till swimmers get used to the routine
 - Pick up is by 5:30 please!
- All swimmers need goggles, water bottle, kick board, pull buoy, fins and a towel. Also work out clothes and shoes for inclement weather.
 - This week we practice Tuesday, Thursday and Friday
 - Next week will be full week with M-T-R-F afternoons
and Wed 5:30am
- Team suit fittings will be next Monday and Tuesday so please make sure your swimmer is there.
- I have ordered swim caps for everyone and should be here before first meet. They can wear any cap at practice but only team cap at meets.
- I am tweaking our meet schedule but it will be finished by end of this week

If you have any questions at all please text , call, email or use remind app 😊

Please be in prayer for our team for a safe and successful season!

Coach Nunnally 727-641-3245

