

*School Lunch Program @ Keswick Christian School March 2010*

Served by Rainbow Catering Co. *(Please remit all check payments to Rainbow Catering Co)*

MON	TUE	WED	THU	FRI	
<b>Mar 1) Hot meal</b> All beef hot dog w/ toppings Baked beans Chips <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 2) Hot meal</b> *Small/ Standard / or Large French bread pizza Salad bar <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 3) Hot meal</b> *Small/ Standard / or Large Chicken tenders Mashed potatoes w/ gravy Green beans <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 4) Hot meal</b> *Small/ Standard / or Large Cheeseburger w/ choice of Salad bar or French fries <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 5) Hot meal</b> *Small/ Standard / or Large Pizza w/ salad choice Brownie <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>All meal options include drink choice of:</b> 100% juice Bottled water 2% white milk 2% choc milk <b>*for Gatorade add additional \$1.00 to meal price</b>  <b>Hot Meal portions are as follows and include drink:</b> <b>\$3.00 Small hot meal</b> (smaller portion of daily menu item targeted for Pre K-1 <sup>st</sup> ) <b>\$3.50 Standard hot meal</b> (standard portion of daily menu item for 2 <sup>nd</sup> - 12 <sup>th</sup> ) <b>\$4.50 Large hot meal</b> (double entrée portion of daily menu item available for the heartier appetites)
<b>Mar 8) *Small/ Standard / or Large</b> Crunchy Taco bar Black beans and Rice <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 9) Hot meal</b> *Small/ Standard / or Large Penne pasta w/ White sauce Salad bar <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 10) Hot meal</b> *Small/ Standard / or Large French toast sticks <b>OR</b> Grilled Cheese w/ Tator tots & tropical fruit <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 11) *Small/ Standard / or Large</b> Chicken Tender sub w/ choice of Salad bar or french fries <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 12)</b> *Small/ Standard / or Large Pizza w/ salad choice Brownie <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>All Cold Meal portions are as follows and include chips and drink:</b> <b>\$3.00 Small cold meal</b> PB&J meal Turkey or Ham wrap <b>\$3.50 Standard cold</b> Turkey or Ham 6" sub (w/ condiments)
<b>Mar 15) Hot meal</b> *Small/ Standard / or Large Baked chicken nuggets Baked french fries Side salad or tropical fruit <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 16) Hot meal</b> *Small/ Standard / or Large Spaghetti w/ meat sauce French bread Salad bar <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 17) Hot meal</b> *Small/ Standard / or Large Mini corn dogs Mac & cheese Applesauce <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 18) *Small/ Standard / or Large</b> Chicken sandwich w/ choice of Salad bar or french fries <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 19) *Small/ Standard / or Large</b> Pizza w/ salad choice Brownie <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Daily Ala Carte Items</b> *Tortillia chips w/ nacho cheese or salsa \$2.50 *Side Caesar salad \$1.50 *Bagel w/ cream cheese \$1.50 *Fresh seasonal fruit \$.75 *Granola Bar \$.50 *Grandmas cookies \$.75 *Assorted chips \$.75 *Fruit roll up \$.50 *Drink \$1.00 *Gator-ade/ Power -ade \$1.50
<b>Mar 22) *Small/ Standard / or Large</b> All beef hot dog w/ toppings Baked beans Chips <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 23) *Small/ Standard / or Large</b> French bread pizza Salad bar <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 24) *Small/ Standard / or Large</b> Soft tacos Chips & salsa Fiesta corn <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 25) *Small/ Standard / or Large</b> Cheeseburger w/ choice of Salad bar or French fries <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	<b>Mar 26) Small/ Standard / or Large</b> Pizza w/ salad choice Brownie <b>OR</b> Pb&j meal Turkey or ham wrap meal Turkey or ham 6" sub meal Stacked 3 meat sub meal	

**Payments for lunch accounts can be made online thru Paypal at [www.classlogon.com](http://www.classlogon.com) (more info on school website)  
 Or Via check or cash sent in via elementary office (in designated envelopes)**